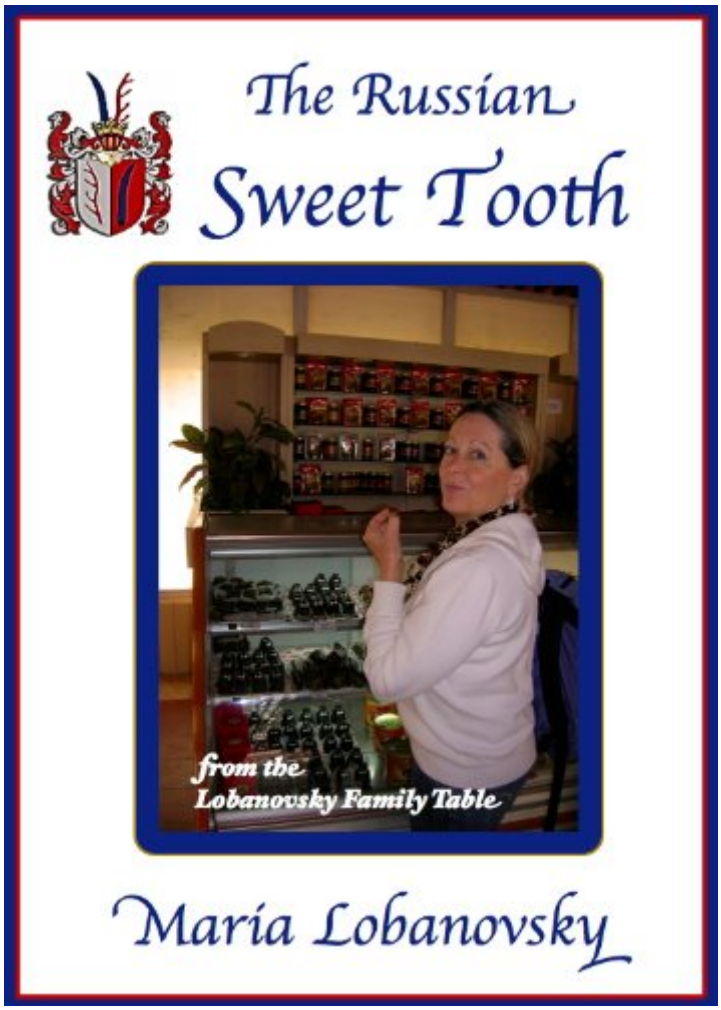
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The Russian Sweet Tooth: Delicious Russian American Dessert Recipes (The Lobanovsky Family Table Book 2)



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Synopsis

’’I can’t wait to make some of Maria’s desserts for my family. It’s not just another cookbook because the stories add a unique and engaging dimension. The international aspect of her cuisine is really about how cultures blend, how traditions carry on, as well as how new dishes emerge from the old. ’’ -Mary Ashton, Chicago"This is not just a cookbook about incredibly delicious desserts, it is also about stepping back in time and experiencing the spirit of colorful eras. Whatever the knowledge or personal relationship one may have to these periods, the recipes and the stories associated with them add a new dimension to one’s own experience.Ã¢â ¬â„¢Ã¢â ¬â„¢ -John Ammann, San Francisco’’I couldn’t wait to share this book with my Russian neighbors who were not born in America. As if the quality and superbness of the food is not enough, there are the stories of friends and family that compliment the desserts. Having been to the Russian River Josie’s Baked Peaches instantly flashed me back to my own memories of being there.’’ -Susan Fenwick, Atlanta ’’I loved the Kutia (sweet wheat berries). Until I tried Maria’s, I was aware of only the rice and raisin version. This one is superior, healthy and absolutely delicious. Her recipe takes Kutia to another level.’’ - Tanya Key, San FranciscoThis is the first in a series of digital memoir cookbooks from my collection of Russian-American and international recipes that I call The Lobanovsky Family Table. In The Russian Sweet Tooth, you’ll find 14 of my family’s favorite desserts and the background stories that bring them to life. Growing up in San Francisco, I was surrounded by worldwide cultural influences that I translated into recorded recipes and my personal, historic culinary adventure. In addition to enjoying these sweet creations, I hope the stories will help you remember those very dear and special times in your world that only food can bring to mind so vividly.Want to surprise your friends at book club or your family at an upcoming celebration with a really unique dessert? Something Russian like Plombir or Apple Charlotte is sure to win praises, and Truffles Sorbonne will more than satisfy the chocoholics you know. My scrumptious desserts are sure to send you and yours into the stratosphere. Recipes include Fourth of July Foolery, Sapphires on a Cloud, Strawberries Romanoffsky and The Ataman’s Colors. From my family to you - enjoy!

Book Information

File Size: 3848 KB

Print Length: 61 pages

Simultaneous Device Usage: Unlimited

Publisher: Atelier Lobanovsky (August 9, 2012)

Publication Date: August 9, 2012

Sold by:Ã Â Digital Services LLC

Language: English

ASIN: B008VVR95O

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Enabled

Lending: Not Enabled

Screen Reader: Supported

Enhanced Typesetting: Enabled

Best Sellers Rank: #938,864 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #37 inÃ Â Kindle Store > Kindle eBooks > Cookbooks, Food & Wine > Regional & International > European > Russian #93 inÃ Â Books > Cookbooks, Food & Wine > Regional & International > European > Russian #941 inÃ Â Kindle Store > Kindle eBooks > Cookbooks, Food & Wine > Baking > Desserts

Customer Reviews

This is a little gem of a cookbook with uniquely elegant recipes from another era. I can’t wait to try Sapphires on a Cloud, and not just so I can announce its lovely name to my guests! The recipes are easy to follow, and Ms. Lobanovsky’s descriptions of family history make a special, compelling sideline to this collection. Excellent!

The Russian Sweet Tooth is more than a recipe book, though the desserts are simply delicious, they are interspersed with charming vignettes of a Russian upbringing.Add this to your recipe collection, it is a little gem.

Maria’s Russian-American background makes this memoir-cookbook unique. The recipes are great, but what adds to the fun of preparing these treats are the characters we meet from Maria’s life. The stories about Maria’s dad making ice cream without a kitchen or of Mrs. Passarino making Baked Peaches in the summertime at the Russian River show us that food is not just about the tastes we enjoy. Food brings family and friends together. Great cooks and folks with just a passing interest in the kitchen will enjoy this book. And it can serve as an inspiration to your family and friends to start recording your own personal stories along with the recipes you treasure.

This book could have been written by my Russian-Irish wife! Since she didn't, I got her Maria's book. So many of these desserts and these stories have come into my life through my wife and her mother. I'm not even a cook, but I'm an appreciator of good cooking from whatever nationality, and the dishes described here definitely hit the spot! The best cookbooks are those full of stories of the food prepared ad the people who prepare it. I heartily recommend it.

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